

Update on Dairy Products in Human Nutrition

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This is an interactive session and will follow this outline.

- I. Current status of Dairy products in Human Nutrition
 - A. Most recent Calcium guidelines
 - B. Low-fat options
 - C. Advertising Dairy products

- II. Dairy products and Chronic Disease
 - A. Role of Conjugated Linoleic Acid
 - 1. Breast Cancer prevention
 - B. Role of Calcium
 - 1. Osteoporosis
 - 2. Colon Cancer

- III. Future of Dairy products in Human Nutrition
 - A. Role in Chronic Disease
 - B. Role in Prevention
 - C. Issues of an aging population